## **Journals**

# Psicoterapia e Scienze Umane

["Psychotherapy and the Human Sciences"] www.psicoterapiaescienzeumane.it/english.htm ISSN 0394-2864 - eISSN 1972-5043

## Table of Contents and Abstracts of year 2023, Volume 57

(see also web page www.psicoterapiaescienzeumane.it/2023.htm)

All articles can be downloaded from the publisher's web site (www.francoangeli.it/riviste/sommario.aspx?IDRivista=34&lingua=en) and from the PEP Web (www.pep-web.org/toc.php?journal=psu)

Edited by Paolo Migone\*

## Issue no. 1, 2023, Volume 57

Pier Francesco Galli, *Editorial: The stone guest* [full-text: www.francoangeli.it/rivista/getArticoloFree/72761/It]

Paola Carozza, Staff training in Community Mental Health Centers

Abstract. Today the growing demand for Mental Health Services capable of providing high-quality services of care, combined with sustainable spin-offs at the economic level, requires new knowledge, new skills and new attitudes, also by virtue of the emergence of new issues, which pose high challenges. In the face of these challenges, most training curricula are inadequate, since they do not offer specific training to stimulate the interest of students or trainees, nor do they provide the necessary encouragement, awareness, essential support and fundamental information to start such a complex job as that of integrated and multidimensional treatment of mental disorders in the community. A radical rethinking is needed on both the content and the manner in which training programs are offered, taking into account the most up-to-date evidence-based acquisitions, in the light of the biopsychosocial paradigm and promoting the training of the entire Community Mental Health Center, in order to ensure that at whatever point of the Mental Health Center network a citizen receives the same quality of treatment and the same intervention methodology.

Massimo Cozza, The reasons for the appeal letter from the directors of Community Mental Health Centers

**Abstract.** The appeal signed in January 2023 by 91 directors of Community Mental Health Centers addressed to the highest political authorities of Italy is discussed. It begins with an analysis of the critical situation in which public psychiatric care finds itself, especially after the COVID-19 pandemic and in the presence of a problematic social and economic situation. The validity of the

*Trauma and Memory*, 2023, Volume 11, no. 3, pp. 105-118. DOI: 10.12869/TM2023-3-05 www.eupsycho.com ISSN 2282-0043

<sup>\*</sup> Via Palestro 14, 43123 Parma PR, Italy, tel. +(39) 0521-960595, e-mail <migone@unipr.it>.

biopsychosocial paradigm in community mental health is affirmed. The link between mental health and justice is addressed, and the need for a discussion table among all the actors involved is suggested. The paragraphs of this article are the following: "An appeal to raise awareness", "The objectives", "Mental health and justice", "The resources", "The mental health professionals", "Some conclusive perspectives".

## Peppe Dell'Acqua, The practice of change

Abstract. It is argued that "the crisis of psychiatry and of the Italian Law no. 180/1978" are words and definitions that cover with intolerable superficiality a real and deeper crisis of psychiatry. The roots of the change that took place in Italy between the 1960s and the 1970s are the consequence of a deep and distressing questioning about the various forms of psychiatry rooted in positivism. Adherence to the criticism of scientific positivism has determined, in the work of Franco Basaglia and others, a tumultuous and brave opening towards a search, a discovery, and a valorization of the subject. What happened and continues to happen in Italy has influenced and conditioned our way of seeing and meeting "the other" all over the world. In 1978 the Italian Law no. 180/1978 did not close the mental asylums but gave back to the mentally ill the rights and the meanings of being citizens. The deinstitutionalization process can only start from here.

## Roberto Mezzina, For a community mental health: The issue of services and models

**Abstract**. The issue of which services are necessary for a full enforcement of the Italian psychiatric reform of Law no. 180/1978, critical since its promulgation, is discussed starting from organizational models and institutional contexts of its application. They define the delivery of care as a comprehensive offer for a global alternative to the "asylum-like" institutional psychiatry, e.g., how to achieve not fragmented answers but a real "taking charge", with the active contribution of the person to his care, avoiding pathways of social and institutional drift. It is necessary not only to consider scientific evidence but also an ethical and value base that takes into account the experience and needs of patients. It is based upstream on cardinal cross-cutting principles as defined by the World Health Organization, among which the realization of human rights stands out, with the abandonment of coercive practices and involuntary treatments, the empowerment of patients, and a multisectoral approach to addressing the social determinants of health. From practice there are indications on the devices, i.e., the 24/7 opening and the continuity and nonfragmentation of care, and a series of basic indicators useful for benchmarking of organizational models of services. From international best practices derive a set of working principles as orientation points, without which the longed-for transition from tout-court psychiatry to community mental health remains unrealistic. Prospects for a paradigm shift, measurable through outcomes on people's whole life, are outlined.

# Pietro Pellegrini, The future of psychiatric services

Abstract. The crisis of psychiatric care has to be seen within the crisis of the entire welfare system. Neoliberalism has changed the social contract, and the drive towards individualism and privatization has reduced citizens' rights. Italian community psychiatry, without psychiatric hospitals and judicial psychiatric hospitals, is underfunded and lacks an adequate number of mental health professionals, a situation that leads to the closure of many services; patients risk abandonment and poverty, and the relevance of social determinants of health is often forgotten. Psychiatry is reduced to the role of supporting the maintenance of law and order with forms of neo-institutionalization. Mental health should be the responsibility of all health and social workers, with an organization based on a stepped care model and with specific pathways. Italian community psychiatry must be defended as an investment, through alliances with patients, families and society at large, in order to develop social capital and community welfare.

Benedetto Saraceno, Psychiatry: A specific crisis or a generalized crisis?

Abstract. The current crisis of Italian psychiatry probably depends on a diminished drive for innovation in the field mental health, on a political climate that gives voice to conservative and pseudo-progressive psychiatry, and on a certain laziness of anti-institutional psychiatry to look to the future rather than the past, producing new theoretical reflections and further innovations in liberation practices. All these factors determine the strengthening of psychiatry in its most conservative, dehumanizing and institutional forms. But how much all this is to be attributed exclusively to a crisis of psychiatry, including the anti-institutional one, or, and more generally, to the dramatic absence of collective thought and practices of liberation and justice, is a question that needs to be studied.

Fabrizio Starace, Organization, structures and staff in mental health services

Abstract. How will the network of Italian mental health services be structured in view of the health care reorganization drawn up by Ministerial Decree no. 77/2022 and by the State-Regions Agreement of December 21, 2022, on the "new methodology for calculating the personnel needs of the National Health System"? Changes concern organizational and structural aspects and the personnel standards needed for the full functioning of the community mental health system. It is undoubtedly a step forward to promote the overcoming of inter-regional inequalities and to quantify personnel needs in an area of public health which in the last decade has seen an increase in the demand for care, made exponential by the effects produced by the COVD-19 pandemic, conflicts and economic crisis. The estimates proposed show that the full application of the standards would lead to an expenditure for mental health equal to 3.6% of the public health funding.

Sarantis Thanopulos, Crisis of psychiatry: Overcoming a cultural and scientific regression

Abstract. The current crisis of psychiatric care in Italy has social, cultural and scientific roots. The precariousness of relationships, social isolation and the permanent state of emergency make more difficult the supportive intervention for fragile social realities and also the complex work of reintegrating of patients into their own community. The age-long misunderstanding between the promoters of the Italian Law no. 180/1978 on psychiatric reform and psychoanalysis has weakened the entire mental health system. On the one hand, psychosocial intervention has been directed mostly towards the satisfaction of material needs and, on the other, there has been a catastrophic impoverishment of psychotherapeutic interventions. A purely biomedical approach to human suffering has benefited from this situation, and psychiatry has been often reduced to a mere pharmacological containment with a serious penalization of quality of care.

The participants of the residential seminar *Young Adults, Mental health and Inclusion* (YAMI) held in Bergamo (Italy) from October 31 to November 5, 2022, *Manifesto: Young Adults, Mental health and Inclusion (YAMI)* [full-text: www.francoangeli.it/rivista/getArticoloFree/72770/It]

Abstract. A "manifesto" written by the 28 participants coming from five European countries (Belgium, France, Greece, Italy, and Spain) of the residential seminar Young Adults, Mental health and Inclusion (YAMI) held in Bergamo (Italy) from October 31 to November 5, 2022, funded by the European Community and organized by Shinui (www.shinui.it) of Bergamo (president: Cécile Edelstein), is published. The ten points of this manifesto are the following: promotion of well-being and improvement of quality of life; prevention; early intervention; specific "youth centers" or "open houses"; provision of a wide range of therapeutic opportunities; treatment should be based on different modalities; there is no treatment without "love"; mental health professionals should themselves receive "care"; need of appropriate funding in order to guarantee continuity and variety of care; importance of empirical research.

David M. Clark, *Realizing the mass public benefit of psychological therapies: The English IAPT experience* [full-text: www.francoangeli.it/rivista/getArticoloFree/72771/It] [see the video in English: www.youtube.com/watch?v=--d1StyNx90 ] [see the slides: www.psicoterapiaescienzeumane.it/Clark-dia\_VE\_26-10-22.pdf]

Abstract. The transcription of a paper given at the meeting "Psychological therapies for anxiety and depression: New forms of clinical and organizational integration" (Island of San Servolo, Venice, Italy, October 26, 2022) is published. After the description of the main characteristics of the English program Improving Access to Psychological Therapies (IAPT), the importance of some aspects of the IAPT program are discussed, such as the following, among others: the reliability of guidelines; a national training program in evidence-based psychological therapies where also the therapists' competence is carefully evaluated; the collection and publication of all outcome data, that allowed the understanding and the solution of many problems (e.g., the differences in outcome among ethnic groups, the improvement of services located in socially deprived areas, etc.); the wellbeing and the level of motivation of the psychological therapists (about 10,000) employed in the IAPT services, where there should be leadership figures who do not give importance solely to treatments outcomes but are also able to create a stimulating and innovative environment characterized by the pleasure of working together, improving and learning new things.

Anna Giulia Bottaccioli, Francesco Bottaccioli, How psychic states are translated into biological molecules and the consequences for medicine and psychology

Abstract. In April 2022 we published, by invitation of an international journal of molecular biology, an extensive review reporting the main scientific evidence on the relationship between psychic life and biology, drawing some general conclusions about psychology and medicine (Bottaccioli, Bologna & Bottaccioli, 2022). The present article takes up some of the key passages presented in that review and updates an earlier article published in issue no. 4/2014 of Psicoterapia e Scienze Umane (Bottaccioli, 2014b). Since the publication of that article, experimental and clinical evidence on the influence of the psyche on biological systems has enormously increased. At the same time, we know more about the pathways and mechanisms by which psychic states are translated into biology.

### Traces

Pier Francesco Galli, *The "as if" personality in uniform* (2007). *With an introductory note Abstract*. Also on the basis of autobiographical memories regarding fascism and the Second World War, some reflections are made on the ideology and propaganda of the war, especially in reference to the education of children. Among others, the following concepts are discussed: the "as if" personality" of Helene Deutsch; the "authoritarian personality" of Theodor Adorno and collaborators, and the "fascist character" described by Wilhelm Reich. Also other contributions are mentioned, such as Sigmund Freud's study on mass psychology, Erich Fromm's reflections on "escape from freedom", Ernst Kris' considerations on the "danger" of propaganda, and so on. After an Introduction, this paper consists of the following paragraphs: Questions of method; The construction of a soul; By way of reason; The "as if" personality; Authoritarian Personality: "F" Personality.

### Clinical cases

Interventions on the case of Matteo [no. 4/2022]:
Simone Roselli
Riccardo Andolcetti
Paola Morra
Maria Cristina Calle

#### **Book Reviews**

Kurt R. Eissler, *Männer und Militär. Psychoanalyse der US-Armee als Institution im Zweiten Weltkrieg* (1947) [Uomini e militari. La psicoanalisi dell'esercito americano come istituzione nella Seconda guerra mondiale]. Cura e prefazione di Konstanze Zinnecker-Mallmann. Introduzione di Mario Erdheim. Frankfurt a.M.: Brandes & Apsel, 2021 (Thomas von Salis)

Mauro Antonelli & Aurelio Molaro (a cura di), *Cesare Musatti intellettuale del Novecento*. Prefazione di Dario Varin. Milano: Raffaello Cortina, 2023 (Andrea Castiello d'Antonio)

Cristiano Ardovini, Cecilia La Rosa & Antonio Onofri (a cura di), *Conversazioni con Giovanni Liotti su trauma e dissociazione*. Volume 1. Roma: ApertaMenteWeb, 2022 (Paolo Migone)

Maurizio Pompili, *Il rischio di suicidio. Valutazione e gestione*. Milano: Raffaello Cortina, 2022 (Andrea Castiello d'Antonio)

María Reinares, Anabel Martínez-Arán & Eduard Vieta (a cura di), *Psicoterapia per i disturbi bipolari: un approccio integrato*. Roma: Fioriti, 2023 (ediz. orig.: *Psychotherapy for Bipolar Disorders*. Cambridge, UK: Cambridge University Press, 2020) (Francesca Tondi)

**Books Received** 

## Journals [full-text: www.francoangeli.it/rivista/getArticoloFree/72779/It]

*The International Journal of Psychoanalysis*, 2022, Volume 103, numeri 1, 2, 3, 4, 5, 6 (Giulio Fabri Poncemi & Francesca Tondi)

Giulio Fabri Poncemi & Francesca Tondi, *Commento sull'*International Journal of Psychoanalysis

Psychological Medicine, 2022, Volume 52, no. 8 (Paolo Migone)

The International Review of Couple and Family Psychoanalysis, 2022, Volume 26, no. 1 (Paolo Migone)

Couple and Family Psychoanalysis, 2022, Volume 12, no. 2 (Paolo Migone)

"International Seminars of Psicoterapia e Scienze Umane", year 2023

Information for subscribers and readers

176

## Issue no. 2, 2023, Volume 57

Paolo Migone, Editorial

Jerome C. Wakefield, Anti-Oedipus from philosophy of science and Foucauldian knowledge-power perspectives

Abstract. The conclusions of two recent books that evaluate Freud's adamant defense of his Oedipal theory and its effects on modern family life are distilled. Logical reconstruction reveals four pivotal arguments Freud presents in the Little Hans case history to support Oedipal theory. Each argument is brilliant in logic but unsound when compared to the case evidence. Lacking confirmation, Oedipal theory remains an ad hoc attempt to save Freud's sexual theory of the neuroses after the failure of the seduction theory. Regarding the theory's effects, its acceptance changed family power relations in Hans's family and modern families by creating a sense of danger in mother/son physical affection. This led to reduced parent/child physical affection and separation of young children from parents especially at bedtime. The child's "suspect bed" of the anti-masturbation campaign is thus exchanged for the parents' "protected bed," serving the new marital ideal of sexual and emotional satisfaction.

## Giorgio Meneguz, On the renewal of psychoanalysis

**Abstract.** Psychoanalysis has assimilated the theoretical contributions derived from neighboring disciplines, which is an opening to pluralism conceived as an opportunity for development, but sometimes it is animated by disagreements on theoretical and technical innovations. By reopening the age-old problem of when it is necessary to abandon an old theory and when a new one can be accepted, various scientific, socio-cultural, geographical and economic factors are called into question in order to explain the reasons why a psychoanalytic theory is successful in the challenge with other theories in a given historical period.

Sabrina Signorini, Walter Paganin, Multifamily therapies: Historical development and current state Abstract. Multifamily therapies (MFT) represent an innovative therapeutic tool that deserves to be better known by health professionals and families. MFT are particularly useful in severe mental disorders and used in some organic disorders and problematic social situations and in different clinical and cultural contexts (hospitals, mental health centers, clinics, schools, homes, prisons, communities and social centers). Multifamily therapies consist in bringing together several patients with their families around a specific health problem, and the therapeutic attention is focused simultaneously on the individual, on the families and on the relationships among families. Some of the techniques shown in this review can orient the clinician among the various forms and experiences of MFT. The birth and development of MFT, with its scientific, theoretical and clinical aspects, are examined using clinical and narrative sources, the PubMed database and gray literature until November 2022. The various multifamily therapies models developed over the years, increasingly varied and articulated, are described. The common goal of MFT remains the involvement of families in the care of the patient (or of the "identified patient"), the improvement of family communication, the promotion of awareness of family interactions, and the clarification and definition of family and marital roles and expectations. The therapeutic effects of MFT are promising, but further studies to evaluate its effectiveness by comparing it with other psychotherapeutic techniques are needed.

## Interventions on the crisis of psychiatry and Italian Law no. 180/1978:

Luigi Benevelli, Psychiatric care in the public sector in Italy: Laws and politics

Abstract. Over the last sixty years, Italy has witnessed widespread experiences aimed at the construction of public mental health services in the community alternative to psychiatric care in asylums: after the Italian Law no. 180 of 1978 and the closure of psychiatric hospitals, in the National Health Service there are many Community Mental Health Centers within "Health Agencies", that are basically institutions operated under the principles of a private company. The national debate is reviewed, in particular the events of more than forty years of confrontations and relationships between governments, Parliament, universities, and the National Health Service, on one side, and the anti-institutional movement, on the other. Some dramatic criticalities of the current phase are highlighted and proposals are put forward for a possible new beginning.

Franco Veltro, The "mythodology" of Italian Law no. 180/1978 and a call for a cultural revolution Abstract. Cavicchi's (2022) book Oltre la 180, centered on the apology of Italian Law no. 180/1978 and on its aporias, has stimulated a great debate on the need to reform or re-found psychiatric care in Italy, between proposals of a "return to Basaglia" and changes guided by Evidence-Based Medicine (EBM). With constant reference to "hard data" and documents, it is argued that the apology is not of Italian Law no. 180/1978, but of the practices of the "postreform" movement, which has become an establishment that created a "mythodology" of Law no. 180/1978 based on the absence of any comparison with research data and interventions of proven effectiveness. There has been no reform of Law no. 180/1978 in the following years of its approval but, instead, an effort to implement it. Through Italian Law no. 81/2014 regarding the Forensic Psychiatric Hospitals, even today the reform field is supported by politics and ideology with the same problems observed in the years following Law no. 180/1978. However, various aspects of the debate seem, so to speak, "Jurassic" in the way they are addressed, because the question of an identity crisis in psychiatry is discussed worldwide, but on the basis of rigorous transdisciplinary knowledge and methodologies. A "normalization" and a professionalization of psychiatry, with a cultural revolution that also integrates psychiatry in a One-Health approach according to the Agenda 2030 of World Health Organization is urgently needed.

### **Traces**

Pier Francesco Galli, The sense of measure. With an introductory note

Abstract. Some reflections are made on the meaning of measurement in psychotherapy and on the relationship between the roles of technique and of the therapist's person. Parts of previous papers are also republished, namely some excerpts of the 1992 book La persona e la tecnica ["The Person and the Technique"] (reprinted in 2022 by the publisher FrancoAngeli of Milan) and of the preface, written in 1960, to the Italian edition of Harry Stack Sullivan's 1953 book The Interpersonal Theory of Psychiatry (La teoria interpersonale della psichiatria. Milan: Feltrinelli, 1961).

### **Clinical Cases**

Manuela J. Difronzo, *The case of Mia Comments on the case of Mia:*Inge-Martine Pretorius
Marigemma Rocco

#### **Book Reviews**

Allan N. Schore, *Psicoterapia dell'emisfero destro*. Introduction to the Italian edition by Clara Mucci & Andrea Greco.

Milan: Raffaello Cortina, 2022 (original edition: *Right Brain Psychotherapy*. New York: Norton, 2019) (Francesca Tondi)

Benno Rosenberg, *Masochismo mortifero e masochismo custode della vita*. Rome: Alpes, 2022 (original edition: *Masochisme mortifère et masochisme gardien de la vie*. Paris: PUF/Humensis, 1999) (Davide Cavagna)

Hannah Zeavin, *The Distance Cure: A History of Teletherapy*. Foreword by John Durham Peters. Cambridge, MA: MIT Press, 2021 (Andrea Castiello d'Antonio)

Rosa Giuliana Benetti, Giorgio Cavicchioli & Tiziana Scalvini (editors), *Il legame che trasforma. Pensieri e strumenti per una psicoterapia psicoanalitica orientata all'intersoggettività*. [The Bond that Transforms. Thoughts and Tools for an Intersubjectivity-Oriented Psychoanalytic Psychotherapy] Preface by Giuseppe Civitarese. Milan: FrancoAngeli, 2022 (Giuliana Nico)

Galit Atlas, *L'enigma del desiderio*. *Sesso, nostalgia e appartenenza*. Preface to the Italian edition by Vittorio Lingiardi & Cesare Albasi. Milan: Raffaello Cortina, 2023 (original edition: *The Enigma of Desire*. *Sex, Longing, and Belonging in Psychoanalysis*. London: Routledge, 2016) (Silvia Marchesini)

Books Received

**Journals** [full-text: www.francoangeli.it/rivista/getArticoloFree/73314/It]

Journal of the American Psychoanalytic Association, 2022, Volume 70, nos. 1, 2, 3, 4, 5, 6 (Jutta Beltz & Paola Raja)

Jutta Beltz & Paola Raja, *Comment on the* Journal of the American Psychoanalytic Association *The Psychoanalytic Quarterly*, 2022, Volume 91, nos. 1, 2, 3, 4 (Andrea Castiello d'Antonio) Andrea Castiello d'Antonio, *Comment on* The Psychoanalytic Quarterly

International Journal of Clinical and Health Psychology, 2023, Volume 23, no. 2 (Paolo Migone) Journal of Affective Disorders, 2023, Year 45, Volume 326, April 1, 2023 (Paolo Migone) Journal of Affective Disorders Reports, 2023, Year 4, Volume 12 (April) (Paolo Migone)

2023 Program of the "International Seminars of Psicoterapia e Scienze Umane"

## Information for subscribers and readers

## Issue no. 3, 2023, Volume 57

Pier Francesco Galli, Editorial

Giuseppe Civitarese, On the concept of intersubjectivity in psychoanalysis

Abstract. Contemporary psychoanalysis lacks a clear and distinct definition of intersubjectivity. For the most part, the term is used in reference to relational models and the exchanges that take place between two separate subjects. It then serves to indicate the deep involvement of the analyst in the process of the cure. The author argues that this usage, roughly as a synonym for interaction or interpersonal, is trivial and not true to its meaning in Husserl's philosophy. The German philosopher was the first to speak of intersubjectivity in order to explain that if the subject has access to the other and vice versa, it is because on the ontological level a dimension of mutual cobeing and co-implication (a common transcendental field) already always exists. If, then, we wish to formulate a clear and distinct, but above all specific, definition of intersubjectivity, we must recover this intuition and translate it into coherent principles of technique. On the basis of these two simple rules, fidelity to the original speculative meaning of the concept and its translation into technical tools, it becomes possible to differentiate the various models of psychoanalysis.

#### **Interventions:**

Filippo Maria Ferro, Giuseppe Riefolo, Considerations on Giuseppe Civitarese's paper

Abstract. In dialogue with the paper by Civitarese (2023), some reflections are suggested. Intersubjectivity shifts the focus of psychoanalytic interest from the subject to the "intersubject". Psychoanalytic interest, therefore, moves from a study of phenomena toward a continuously unstable and fluid process. Such a process identifies fields and no more tòpoi in which it can organize itself. Our reflection seeks to emphasize the suggestions of Civitarese and, above all, is oriented toward underlining the three levels of intersubjectivity as proposed by Infant Research, preliminary to the more radical positions of Stolorow's group, and then of Jessica Benjamin and of Ogden. Intersubjectivity necessarily identifies a third type of unconscious, which is not only dynamic and pre-reflexive, but above all not validated. Finally, enactments, by disengaging action from acting-out, assume a function of creative evolution in the therapeutic process.

Mauro Fornaro, Why does Husserl not fit into the psychoanalytic field, and other annotations. A reply to Civitarese

**Abstract**. While aiming with Civitarese (2023) at a notion of intersubjectivity capable of justifying an idea of the psychoanalytic field based on the "being-with" analysand/analyst, the inadequacy for the purpose of Husserl's philosophy is shown, ultimately for a notion of subject (transcendental ego) that is alien to psychoanalysis. On the other hand, the difference between the approach of Husserl and other authors who deal fruitfully with intersubjectivity should not be underestimated. Furthermore, the difficulties of the transition from philosophical speculation to clinical research, conducted from a field perspective, are underlined, and therefore attention is paid to the specific trans-individual phenomena, empirically detectable in the analytic setting.

Giuseppe Civitarese, The value of intertextuality for the progress of psychoanalysis. Reply to comments by F.M. Ferro & G. Riefolo and by M. Fornaro

Abstract. The author responds to the critical remarks in the comments by Ferro & Riefolo (2023) and by Fornaro (2023). The main points are, in the first comment, the status of reality in psychoanalysis, enactment, the various conceptions of the unconscious, self-disclosure, and the dialogue between philosophy and psychoanalysis. As for the second comment, on the other hand, the issues addressed concern the interpretation of Husserl's contribution to a better definition of the concept of intersubjectivity in psychoanalysis and methodological aspects related to the use of notions derived from speculative thought.

Mauro Fornaro, Intersubjectivity: This unknown. A rebuttal to Civitarese

**Abstract.** After recalling the agreement with Giuseppe Civitarese (2023a, 2023b) on important theses, it is pointed out that the divergences concern the review of philosophers and other thinkers – on which some perplexities are raised in terms of merit and method – that Civitarese considered in order to support an acceptable notion of intersubjectivity. Therefore the result is an unclear definition of intersubjectivity, despite the intentions declared by Civitarese (2023a).

Giuseppe Civitarese, *Being or not being Habermas*. A reply to Mauro Fornaro's rebuttal **Abstract**. Criticizing the interpretations that Civitarese (2023a, 2023b) has given of the philosophers he relies on in order to justify his idea of intersubjectivity, Fornaro (2023b) neglects the recent historiography which includes leading researchers.

Cesare Romano, *The mother's seduction. Margarethe Hilferding forerunner of Sigmund Freud* **Abstract.** Starting from the little known report that Margarethe Hilferding, the first woman accepted into the Vienna Psychoanalytic Society (VPS), held in January 1911 on the topic of mother's love, it is attempted to show that the speaker was more than twenty years in advance compared with Freud's theory of the mother as the first seducer. Furthermore, Hilferding will bring to light the two-way sexual relationship between mother and toddler, underlining the erotic experience that involves both mother and son. Hilferding argued that to the sexuality of the son, that she viewed as a natural sexual object for the mother, the mother replies with a mutual erotic sensitivity, which was never mentioned in Freud's later writings. Freud quoted Hilferding only to point out that she left the VPS for the Adlerian group. Moreover, Margarethe Hilferding is neglected by the most psychoanalytic scholars, despite her pioneering contribution.

### **Traces**

Paolo Migone, *How to handle the multiplicity of psychotherapy models*. With an editorial note *Abstract*. Seven aspects of the problem of multiplicity of psychotherapy models are discussed: 1) the role of psychotherapy research; 2) possible reasons for the existence of different psychotherapy schools; 3) specific *versus* nonspecific (or common) therapeutic factors; 4) psychotherapy integration and eclecticism; 5) two proposals that may be of interest for all psychotherapy schools, namely the proposal by Fred Pine on the "four psychologies" of psychoanalysis and the proposal by John Gedo of a hierarchical schema of five models of the mind linked to five therapeutic interventions; 6) the usefulness for the clinician of knowing different psychotherapy models, and also of life experiences, in order to better "see" and "mirror" the patient; 7) a philosophical reflexion, based on the Italian philosopher Evandro Agazzi's position, on the coexistence of many "scientific objects" while the patient remains the same "thing", whose truth is unknowable, while the process of knowledge is endless.

### **Clinical Cases**

Comments on the case of Mia [no. 2/2023]:

Elisabetta Arfini Simonetta Verdecchia Linda Pae

Manuela J. Difronzo

#### **Book Reviews**

Book Review Essay

André Green, Rivelazioni dell'incompiuto. A proposito del Cartone di Londra di Leonardo da Vinci. Preface by Lorena Preta. Rome: Alpes, 2022 (original edition: Révélations de l'inachèvement. À propos du carton de Londres de Léonard de Vinci. Paris: Flammarion, 1992) (Luigi Antonello Armando)

### Book Reviews

Laurence Kahn, *Che cosa ha fatto il nazismo alla psicoanalisi*. [What Did Nazism Do to Psychoanalysis] Preface to the Italian edition by Laurence Kahn. Rome: Alpes, 2023 (original edition: *Ce que le nazisme a fait à la psychanalyse*. Paris: PUF/Humensis, 2018) (Davide Cavagna)

Mark Solms, *La fonte nascosta. Un viaggio alle origini della coscienza*. Milan: Adelphi, 2023 (original edition: *The Hidden Spring: A Journey to the Source of Consciousness*. New York: Norton, 2021) (Silvia Marchesini)

Valentina Albertini, Lo stato interessante. La gestione del setting clinico durante la gravidanza della psicologa e della psicoterapeuta. [Being Pregnant. How to Handle the Pregnancy of the Psychologist and of the Psychotherapist] Preface by Ilaria Gaspari. Rome: Alpes, 2022 (Antonella Mancini)

Monique Bydlowski, *Diventare madre. All'ombra della memoria non cosciente*. Rome: Astrolabio, 2022 (original edition: *Devenir mère. A l'ombre de la mémoire non consciente*. Paris: Odile Jacob, 2020) (Adriana Grotta)

Vittorio Lingiardi, *L'ombelico del sogno. Un viaggio onirico*. [The Navel of the Dream. A Dream Journey] Turin: Einaudi, 2023 (Eliana Forcignanò)

Caterina Cardona, *Un matrimonio epistolare*. *Corrispondenza tra Giuseppe Tomasi di Lampedusa e Alessandra Wolff von Stomersee*. [An epistolary Marriage. Correspondence between Giuseppe Tomasi di Lampedusa and Alessandra Wolff von Stomersee] With an essay by Giorgio Manganelli. Palermo: Sellerio, 2023 (First Edition: *Lettere a Licy* [Letters to Licy] [1987]) (Andrea Castiello d'Antonio)

Books Received

**Journals** [full-text: www.francoangeli.it/rivista/getArticoloFree/73846/It]

Contemporary Psychoanalysis, 2022, Volume 58, nos. 1 & 2/3 (Paolo Migone)

Paolo Migone, Comment on Contemporary Psychoanalysis

Revue Française de Psychanalyse, 2022, Volume 86, nos. 1, 2, 3, 4 & 5 (Mauro Fornaro)

Mauro Fornaro, Comment on the Revue Française de Psychanalyse

World Psychiatry, 2023, Volume 22, no. 2 (Paolo Migone)

*Journal of Anxiety Disorders*, 2023, Year 37, Volume 95 (Paolo Migone)

The New York Times & The New York Times Magazine, 2023, Year 172, no. 59,795 (Sunday, May 21, 2023) (Paolo Migone)

## 2023 Program of the "International Seminars of Psicoterapia e Scienze Umane"

### Information for subscribers and readers

## Issue no. 4, 2023, Volume 57

Morris N. Eagle, Subjective experience: Its fate in psychology, psychoanalysis, and philosophy of mind

Abstract. The Introduction to Morris N. Eagle's book Subjective Experience: Its Fate in Psychology, Psychoanalysis, and Philosophy of Mind (London: Routledge, 2024, in press) is pre-published. Subjective experience is of fundamental importance for the human being, and it is at the core of the feeling of being alive. However, it has traditionally been neglected by the disciplines that deal with the study of the mind (such as psychology, psychoanalysis, neuroscience and philosophy of mind). It has been variously viewed as an epiphenomenon, has been seen primarily as manifest content that hides and disguises unconscious latent meanings, and has been reduced to neural processes. Morris N. Eagle's book Subjective Experience includes the following eight chapters: 1, Consciousness and subjective experience in psychoanalysis; 3, Consciousness and subjective experience in philosophy of mind; 4, Are consciousness and subjective experience uninvestigable?; 5, Intersubjective experience; 6, Feelings and affects; 7, Consciousness and subjective experience as a continuum; 8, Some summing up and concluding comments.

Jerome C. Wakefield, Some reflections on the DSM-5-TR's new category of "Prolonged grief disorder"

Abstract. When does grief after losing a loved one continue for so long that it should be considered a mental disorder? After a lengthy period of controversy and research, both DSM-5-TR and ICD-11 have introduced a new category, "Prolonged grief disorder" (PGD), that allows for the diagnosis of a grief disorder in patients who are having substantial grief feelings after either one year (in DSM-5-TR) or six months (in ICD-11). Some reflections are made on various ways in which the definitions of these disorders may fail to reflect the complexity and variability of grief and thus mistake normal grief for a mental disorder. Then five arguments put forward by proponents to support the validity of the criteria for prolonged grief disorder are reviewed and it is argued that each of the arguments is seriously flawed. It is concluded that many doubts and problems remain, and the new category should be used with caution.

Andrea Angelozzi, Notes on the role of persuasion in psychotherapy

Abstract. Starting from therapeutic rhetoric in the ancient world, the evolution of the various models of persuasion is examined. After the initial opposition between emotional suggestion and persuasion understood as a rational argument, suggestion is absorbed in a broader concept of persuasion where rational and irrational factors on an emotional basis are highlighted. With the two-way models of Petty & Cacioppo and of Chaiken, the irrational component assumes full autonomy by centering its operation on cognitive bias. With "compliance gaining", a persuasion based on general cognitive mechanisms, such as the need for coherence, is fully exploited, focusing more on the present context than on the person and his history, and criticizing the usual dynamic that requests the need for a change of attitude in order to change behavior, proposing an inverse path. A vision of persuasion emerges as pervasive in human communication, substantially out of awareness and as a base for usual changes in everyday life. This raises the question of the role of persuasion in psychotherapy, of what the actual nature of therapeutic change is, and of the possibility of therapeutic neutrality.

Luca Degasperi, Presentification as a maladaptive automatism in adolescence: Possible correlated psychological manifestations

Abstract. The concept of presentification is generally used in psychology to indicate the ability to differentiate between current events and past and future events, in an activation which is favorable to mastery strategies, but it can also be related to maladaptive phenomena when this modality appears pervasively and inflexibly in automatic psychological systems as a mechanism to cope with emotional conflicts and stress. The attention paid only to the present moment and the severe disengagement from the temporal flow as a diachronic continuum of events and as a trace of memory, awareness, planning, and favorable mentalization can generate apragmatism, passivity and inconclusiveness up to a developmental risk. The representative system of self and others may become a defensive style that is a structured way of interpreting events. The prolonged subversion of the time flow of the Western world, with a concatenated consequential structure, can generate fragmentation in the perceived experiences, paradoxical temporality, and going as far as dyschrony as a form of generalized maladjustment in alloplastic systems and in the interpersonal dimension.

## **Interventions:**

Riccardo Marco Scognamiglio, Is it a matter of time or of social mores? Comments on Luca Degasperi's paper

Abstract. The concept of presentification finds an important place in clinical models of trauma. In psychotherapy, do "present moment", focus on the "here and now" and mindfulness refer to the same semantic field? Or is it sufficient to distinguish its contents through the favorable/maladaptive polarity? Are the concepts of "defensive automatism" and of "defensive style" overlapping? Is maladaptive presentation a metahistorical fact? Does adolescence show always behaviors of maladaptive presentification? The brief critical argument presented in this intervention on Luca Degasperi's (2023) article starts from the need to clarify the epistemological field of the construct of presentification, suggesting an alternative terminological hypothesis to the maladaptive meaning and a socio-cultural recontextualization of the clinical pictures described.

Luca Degasperi, Reply to Riccardo Marco Scognamiglio

Abstract. The observations contained in Riccardo Marco Scognamiglio's (2023a) paper "De tempore aut more" are an opportunity to give further considerations around the phenomenon described in "Presentification as maladaptive automatism in adolescence: possible correlated psychological manifestations" (Degasperi, 2023), and support questions and arguments of absolute relevance. At the same time, a prudent comparativism allows us to integrate the concept of presentification to highlight its possible maladaptive derivations. The latter can then be rigidly and pervasively expressed in individual behavior, to the point of giving shape to a possible lifestyle. The recovery of further descriptive models belonging to the past also suggests a broader consideration compared to current socio-cultural data.

#### **Traces**

Pier Francesco Galli, *Introduction to 1993 the Italian edition of Lawrence Friedman's 1988 book* The Anatomy of Psychotherapy

Abstract. Thirty years after its publication, the Introduction by Pier Francesco Galli to the Italian edition (Anatomia della psicoterapia. Turin: Bollati Boringhieri, 1993, pp. XIII-XV) of Lawrence Friedman's book The Anatomy of Psychotherapy (Hillsdale, NJ: Analytic Press, 1988) is reprinted. Lawrence Friedman's original thought and his critical study of the history of ideas of psychoanalysis and psychotherapy are emphasized, and some critical reflections on the developments of psychoanalysis in the last decades are made.

### **Discussions**

Mauro Fornaro, At the roots of intersubjectivity: From many to one or from one to many? Again on Giuseppe Civitarese's paper "On the concept of intersubjectivity in psychoanalysis" (no. 3/2023)

Abstract. It is proposed a fine-tuning of the definition of intersubjectivity as inferable by Giuseppe Civitarese (2023a) – especially with regard to the expression "with-being" which is included therein – in order to overcome certain ambiguities within a constructive perspective, also paying particular attention to compatibility with Bion's notion of group (and therefore of "field"). It is urged also to stick to the most consolidated interpretations of the philosophers mentioned, if their ideas are used in non-philosophical disciplines; in this way it is further attested to Husserl's unlikely compatibility with psychoanalysis.

Marco Conci, From the interpersonal to the intersubjective in psychoanalysis. A contribution to the discussion on Giuseppe Civitarese's paper and on the comments by Filippo Maria Ferro & Giuseppe Riefolo, and by Mauro Fornaro (no. 3/2023)

Abstract. After having tried to reconstruct the nature of Giuseppe Civitarese's (2023a, 2023b, 2023c) proposal to found intersubjective psychoanalysis on the thought of the philosopher Husserl, and the subsequent discussions by Filippo Maria Ferro & Giuseppe Riefolo (2023) and by Mauro Fornaro (2023a, 20323b), it is proposed to try to reconstruct the history of intersubjectivity in psychoanalysis starting from its foundation by Harry Stack Sullivan who preferred to use the term "interpersonal". Only after the introduction of the concept of projective identification by Melanie Klein in 1946 and the revisitation of the concept of countertransference by Paula Heimann in 1950, also the psychoanalytic mainstream begun moving in this direction, partly also utilizing the important contribution of those European philosophers who put the topic of intersubjectivity at the center of their work. This is how the analyst's participation and the co-creation of the session are so important today. This is the context in which such a debate has to be placed and through which it can be further developed.

#### **Book Reviews**

Book Review Essay

Daniel Kahneman, Olivier Sibony & Cass R. Sunstein, *Rumore: Un difetto del ragionamento umano*. Turin: UTET, 2021 (original edition: *Noise: A Flaw in Human Judgment*. New York: Little Brown, 2021) (Andrea Angelozzi)

### **Book Reviews**

Franco De Masi, *Oltre l'inconscio dinamico. Pensieri per una psicoanalisi in sviluppo.* [Beyond the Dynamic Unconscious. Thoughts for an Evolving Psychoanalysis] Turin: Bollati Boringhieri, 2023 (Davide Cavagna)

Federico Vercellone, *Filosofia del tatuaggio. Il corpo tra autenticità e contaminazione*. [Philosophy of Tattooing. The Body between Authenticity and Contamination] Turin: Bollati Boringhieri, 2023 (Mario Mattioda)

Armando B. Ferrari, *Il pensiero e le opere. Saggi psicoanalitici. Volume I: La teoria. Volume II: La clinica.* [Psychoanalytic Essays. Volume I: Theory. Volume II: Clinical Practice] Edited by Paolo Carignani, Paolo Bucci, Isabella Ghigi & Fausta Romano. Milan: FrancoAngeli, 2022 (Andrea Castiello d'Antonio)

Antonello Correale, *La potenza delle immagini*. *L'eccesso di sensorialità nella psicosi*, *nel trauma e nel borderline*. [The Power of Images. Excess of Sensoriality in Psychosis, Trauma and Borderline Patients] Sesto San Giovanni (Milan): Mimesis, 2021 (Marta Restelli)

Vittorio Lingiardi, Nicola Nardelli, Guido Giovanardi & Anna Maria Speranza, *Consulenza psicologica e psicoterapia con persone lesbiche, gay, bisessuali, transgender, non binarie. Linee guida.* [Counseling and Psychotherapy with Lesbian, Gay, Bisexual, Transgender, and Non-Binary Persons. Guidelines]. Second Edition. Preface by David Lazzari. Milan: Raffaello Cortina, 2023 (Silvia Marchesini)

Paulo Cesar Sandler, *Fatti. La psicoanalisi e la tragedia della conoscenza*. [Facts. Psychoanalysis and the Tragedy of Knowledge] Introduced and edited by Luca Trabucco. Preface by Waldemar Zusman. Rome: Alpes, 2022 (original edition: *Fatos. A Tragédia do Conhecimento em Psicanálise*. Rio de Janeiro: Imago, 1990) (Emanuela Leuci)

**Books Received** 

**Journals** [full-text: www.francoangeli.it/rivista/getArticoloFree/74564/It]

*Psyche. Zeitschrift für Psychoanalyse und ihre Anwendungen*, 2022, Volume 76, nos. 1, 2, 3, 4, 5, 6, 7, 8, 9/10, 11 & 12 (Francesca Tondi)

Francesca Tondi, Comment on Psyche

Modern Psychoanalysis, 2022, Volume 46, no. 2 (Paolo Migone)

Giornale Italiano di Neuropsichiatria dell'Età Evolutiva, 2023, Volume 43, no. 2 (Paolo Migone)

Revue Belge de Psychanalyse, 2023, Year 42, no. 82 (Paolo Migone)

Culture, Medicine, and Psychiatry, 2023, Volume 47, no. 382 (Paolo Migone)

aut aut, 2023, Year 73, no. 398 (Paolo Migone)

International Journal of Humanities and Social Science, 2023, Volume 13, no. 4 (Paolo Migone)

## Contents and Indexes of Year 2023, Volume 57 [full-text:

www.francoangeli.it/rivista/getArticoloFree/74565/It]

## 2024 Program of the "International Seminars of Psicoterapia e Scienze Umane"

**Referees and proofreaders of year 2023** [www.psicoterapiaescienzeumane.it/istruz-referee.htm#referees]

### Information for subscribers and readers